



News from Boistfort Street

COMMUNITY FARMERS MARKET AT CHEHALIS

~ supporting local growers, their products, and our agriculture community ~

Tuesdays, Noon ~ 5pm

June 16th ~ October 27th

Boistfort Street, Downtown Chehalis

FRESH FROM THE MARKET!!

Sheep Milk Yogurt
Black Sheep Creamery

Potatoes
Newaukum Valley Farm

Raspberries
Foss Garden Flowers

Cinnamon Rolls
A Taste of Eden Bakery

2009 Market Poster
Market Info Booth

Lettuce, Beets, Peas,
Basil, Chard, Kale,
Bok Choi, Carrots,
Garlic...
and More!
Multiple Produce Vendors

Outdoor Cooking Demo - July 14th

'Tis the season for weekend camping trips and backyard barbeques! If you are looking for new ways to spice up your outdoor meals, you won't want to miss the first of the Market's 2009 cooking demonstrations.

This Tuesday, Northwest Food Work's Chef Michael Moore will be on site providing tricks and techniques to ensure delicious and easy meals prepared and enjoyed under the summer sky. Tuesday's outdoor cooking menu includes:

- **Pork Chops, Roasted Potatoes and Vegetables with Wild Berry Sauce**
- **Grilled Sausages, Seasonal Vegetables and crumbled Cheese**

Learn from watching one of our local experts and enjoy an afternoon in Downtown Chehalis!

Outdoor Cooking
Tuesday, 1:30-2:30pm
Downtown Chehalis
Recipe cards & seating available



Kid's Day at the Market - July 21st

The market is pleased to sponsor a special event this year just for kids. On July 21st bring your family to downtown Chehalis for a fun filled afternoon celebrating the summer sun and the bountiful harvest of local crops.

- **Garden and Farm Story Time - 12:30 and 2:00**
- **Children's Pottery Workshop - 1:30 and 3:00**
- **Yoga for Little Ones - 1:00 and 2:30**
- **Sidewalk Chalk Art and Face Painting - All Day**
- **Flower Planting Station and Market Logo Coloring Contest - All Day**

*Event sponsored by SW WA Family Magazine
and the Community Farmers Market.*

COMMUNITY FARMERS MARKET AT CHEHALIS

c/o WSU Lewis County Extension
351 NW North St, MS: AES01
Chehalis, WA 98532-1900

www.communityfarmersmarket.net
Market Manger: Brenda Book
(360) 880-9546
info@communityfarmersmarket.net